

# RESUMEN DE LA DISCUSIÓN DEL FSN FORUM

## INFORMACIÓN SOBRE RECETAS ALIMENTARIAS COMPLEMENTARIAS Y DEMOSTRACIONES PRÁCTICAS DEL 3 AL 24 DE SEPTIEMBRE 2008

### Todas las intervenciones de la discusión (en inglés):

[http://km.fao.org/fileadmin/user\\_upload/fsn/docs/PROCEEDINGS\\_CookingRecipes\\_Demonstrations.doc](http://km.fao.org/fileadmin/user_upload/fsn/docs/PROCEEDINGS_CookingRecipes_Demonstrations.doc)

Material de referencia proporcionado por los miembros del FSN Forum como respuesta a la petición de Silke Pietzsch de Acción Contra el Hambre, EE UU, de material sobre recetas alimentarias complementarias y demostraciones prácticas de cocina y preparación de alimentos prestando especial atención a las frutas y verduras africanas.

## I. RECETAS ESPECÍFICAS POR PAÍSES

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- **Improved Complementary Foods Recipe Booklet**, Family Foods for Breastfed Children in Zambia. (A.Muehlhoff)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=514](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=514)
- **Improved Feeding Practices and Recipes for Afghan Children and Mothers**. (Charlotte Dufour)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?no\\_cache=1&r=556&nocache=1](http://km.fao.org/fsn/resources/fsn_viewresdet.html?no_cache=1&r=556&nocache=1)
- **FAO Food-Based Nutrition Strategies in Bangladesh** - For local recipes see chapter 6. (C.Lopriore)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=519](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=519)
- **Brazil - "1000 receitas de pratos altamente nutritivas a custo de menos de 1 real"**. Publication with a pro-poor approach, meant to assist grassroots and most vulnerable groups. (R. Varela)

## II. MANUALES Y GUÍAS

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- **FAO Family Nutrition Guide** - For specific information on recipes for feeding young children aged over six months, see Topic 7. (C.Lopriore)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=516](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=516)
- **Fact sheet on 'Complementary Feeding'(CF)** (Lalita Bhattacharjee)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=519](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=519)
- **FAO/WHO Living Well with HIV/AIDS**. A manual on nutritional care and support for PLWHA, with an interesting annex on recipes and food for a healthy diet. (C.Lopriore)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=517](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=517)
- **OXFAM, Food Scarcity and Famine, Assessment and Response**. (I.Proietti)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=545](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=545) , in particular the Appendix 11 "Recipes for supplementary feeding programmes" at :  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=549](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=549)
- **OXFAM, "Health Care for Refugees and Displaced People"**, Appendix 6 "Supplementary feeding recipes". (I.Proietti)

[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=546](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=546)

- **WHO, Technical Background Paper on “Local production and provision of ready-to-use therapeutic food for the treatment of severe childhood malnutrition”.** (I.Proietti)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=547](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=547)
- **WHO, Complementary Feeding - Family Foods for Breastfed Children.** (I.Proietti)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?no\\_cache=1&r=548&nocache=1](http://km.fao.org/fsn/resources/fsn_viewresdet.html?no_cache=1&r=548&nocache=1)

### **III. OTROS RECURSOS E INFORMACIÓN SOBRE NUTRICIÓN**

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- **ProNUTRITION** - an information resource that supports health care providers, community health workers, policy makers, and program managers with current, relevant, and practical knowledge and tools for decision-making. (C.Lopriore)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=520](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=520)
- **Emergency Nutrition Network (ENN) - Field Exchange** - set up in 1996 by an international group of humanitarian agencies to accelerate learning and strengthen institutional memory in the emergency food and nutrition sector. (C.Lopriore)  
[http://km.fao.org/fsn/resources/fsn\\_viewresdet.html?r=521](http://km.fao.org/fsn/resources/fsn_viewresdet.html?r=521)